

# Autumn Lunch Menu

Week 1 03/09/20, 21/09/20, 12/10/20, 02/11/20, 23/11/20, 14/12/20



Star Cuisine

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Pork Meatballs</b></p> <p>Quality pork meatballs created in our own home made tomato, fresh garlic &amp; basil sauce. Served with farfalle pasta bows &amp; seasonal vegetables</p>	<p><b>Mild Chicken Curry</b></p> <p>Diced chicken breast in a home made mild curry sauce. Served with mixed long grain rice &amp; salad sticks.</p>	<p><b>Roast Pork</b></p> <p>Roast loin of pork, served with home made roast potatoes, carrots, peas, Yorkshire pudding &amp; rich gravy</p>	<p><b>Home Made Beef Lasagne</b></p> <p>Lasagne pasta sheets layered with our own special beef bolognese sauce, topped with béchamel &amp; mild cheddar cheese. Served with fresh salad</p>	<p><b>Cheese &amp; Beans Jacket Potato</b></p> <p>Baked beans &amp; cheese half jacket potato. Served with fresh salad.</p>
<p><b>Vegetarian Meatballs</b></p> <p>Quality vegetarian meatballs created in our own home made tomato, fresh garlic &amp; basil sauce. Served with farfalle pasta bows &amp; seasonal vegetables</p>	<p><b>Mild Vegetable Curry</b></p> <p>Green lentils, chick pea &amp; butternut squash in our home made mild curry sauce. Served with mixed long grain rice &amp; salad sticks.</p>	<p><b>Vegetarian Pattie</b></p> <p>Mixed vegetable Pattie in bread crumbs, served with home made roast potatoes, carrots, peas, Yorkshire pudding &amp; vegetarian gravy</p>	<p><b>Home Made Quorn Lasagne</b></p> <p>Lasagne pasta sheets layered with our own special Quorn bolognese sauce, topped with béchamel &amp; mild cheddar cheese. Served with fresh salad</p>	<p><b>Ratatouille &amp; Cheese Jacket Potato</b></p> <p>Home made ratatouille &amp; cheese half jacket potato. Served with fresh salad.</p>
<p><b>Mousse of the day</b></p> <p>Delicious creamy mousse</p>	<p><b>Fruit Jelly</b></p> <p>Fresh and fruity</p>	<p><b>Marble Sponge</b></p> <p>With Fruit</p>	<p><b>Fruit</b></p> <p>With Yoghurt</p>	<p><b>Chocolate Fudge Brownies</b></p>



Strawberry yoghurt is available every day. Fresh fruit is available every day. White & wholemeal bread is served with every meal. Vegan meals available on request.

# Autumn Lunch Menu

Week 2 07/09/20, 28/09/20, 19/10/20, 09/11/20, 30/11/20



Star Cuisine

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Italian Meatballs</b></p> <p>Quality Italian meatballs created in our own home made tomato, fresh garlic &amp; mixed herbs sauce. Served with mixed long grain rice &amp; vegetables</p>	<p><b>Spaghetti Bolognese</b></p> <p>Quality steak mince, fresh garlic, mixed diced peppers, mixed Italian herbs &amp; chopped tomatoes to create our own special bolognese sauce. Served with long spaghetti pasta &amp; salad.</p>	<p><b>Roast Gammon</b></p> <p>Butchers gammon joint served with home made roast potatoes, carrots, peas, Yorkshire pudding &amp; gravy</p>	<p><b>Macaroni Cheese</b></p> <p>Short macaroni pasta in a creamy mild cheddar cheese. Served with salad sticks.</p>	<p><b>Fish Cakes</b></p> <p>Flakes of salmon &amp; potato, seasoned with parsley, all coated in golden bread crumbs. Served with seasoned potato wedges, baked beans &amp; sweetcorn nibbles</p>
<p><b>Homemade Ratatouille</b></p> <p>Mediterranean vegetables &amp; lentils in fresh garlic, mixed herbs and tomato sauce, served with mixed long grain rice &amp; vegetables</p>	<p><b>Spaghetti Quorn Bolognese</b></p> <p>Quality quorn mince, fresh garlic, mixed diced peppers, mixed Italian herbs &amp; chopped tomatoes to create our own special bolognese sauce. Served with long spaghetti pasta &amp; salad.</p>	<p><b>Vegetarian Sausages</b></p> <p>Quality vegetarian sausages served with home made roast potatoes, carrots, peas, Yorkshire pudding &amp; vegetarian gravy</p>	<p><b>Macaroni &amp; Vegetables</b></p> <p>Short macaroni pasta in a tomato sauce with courgette. Served with salad sticks.</p>	<p><b>Bean Cakes</b></p> <p>Mixed 5 bean salad with herbed potato &amp; seasoning. Coated in golden bread crumbs. Freshly made by our chefs. Served with seasoned potato wedges, baked beans &amp; sweetcorn nibbles</p>
<p><b>Fruit Jelly</b></p> <p>Fresh and fruity</p>	<p><b>Blueberry Muffins</b></p>	<p><b>Cornflake Cake</b></p> <p>With raisins &amp; cocoa</p>	<p><b>Mousse of the day</b></p> <p>Delicious creamy mousse</p>	<p><b>Lemon Drizzle Cake</b></p>



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# Autumn Lunch Menu

Week 3 14/09/20, 05/10/20, 16/11/20, 07/12/20



Star Cuisine

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Italian Pasta Bake</b></p> <p>Bacon, tomato &amp; cheese pasta bake. Served with seasonal vegetables</p>	<p><b>Bolognese with Rice</b></p> <p>Quality steak mince, fresh garlic, mixed diced peppers, mixed Italian herb &amp; chopped tomatoes in our own special bolognese sauce. Served over rice with fresh green salad</p>	<p><b>Roast Chicken</b></p> <p>Roast chicken, served with home made roast potatoes, carrots, peas, Yorkshire pudding &amp; chicken gravy</p>	<p><b>Sausage &amp; Mash</b></p> <p>Butchers special pork chipolatas, served with our own creamy mash &amp; baked beans</p>	<p><b>Fillet Cod Fish Fingers</b></p> <p>Coated in bread crumbs. Served with potato wedges, peas and sweetcorn.</p>
<p><b>Tomato &amp; Cheese Pasta Bake</b></p> <p>Tomato &amp; cheese pasta bake. Served with seasonal vegetables</p>	<p><b>Ratatouille with Rice</b></p> <p>Ratatouille &amp; lentil, fresh garlic, mixed diced peppers, mixed Italian herb &amp; chopped tomatoes in our own special bolognese sauce. Served over rice with fresh green salad</p>	<p><b>Roast Quorn Joint</b></p> <p>Roast Quorn joint, served with home made roast potatoes, carrots, peas, Yorkshire pudding &amp; vegetarian gravy</p>	<p><b>Vegetarian Sausage &amp; Mash</b></p> <p>Quality vegetarian sausages, served with our own creamy mash &amp; baked beans.</p>	<p><b>Vegetarian Pattie</b></p> <p>Served with potato wedges, peas and sweetcorn.</p>
<p><b>American Pancakes</b></p>	<p><b>Fruit Sponge</b></p> <p>Custard</p>	<p><b>Rice Krispies Cake</b></p> <p>Homemade &amp; delicious</p>	<p><b>Fruit Jelly</b></p> <p>Fresh &amp; fruity</p>	<p><b>Fruit &amp; Yogurt</b></p>



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